






Seasonal Calendar

Vegetables												
Asparagus				APR	MAY	JUN	JUL					
Aubergines				APR	MAY	JUN	JUL	AUG	SEP			
Beetroot	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	
Broad Beans					MAY	JUN	JUL	AUG	SEP			
Broccoli (Green)					MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Broccoli (Purple Sprouting)	JAN	FEB	MAR	APR						OCT	NOV	DEC
Brussels Sprouts	JAN	FEB	MAR					AUG	SEP	OCT	NOV	DEC
Cabbage	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Carrots	JAN	FEB	MAR	APR		JUN	JUL	AUG	SEP	OCT	NOV	DEC
Cauliflower	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Celeriac	JAN	FEB	MAR						SEP	OCT	NOV	DEC
French Beans					MAY	JUN	JUL	AUG	SEP	OCT		
Kale	JAN	FEB	MAR	APR				AUG	SEP	OCT	NOV	DEC
Kohl-Rabi							JUL	AUG	SEP	OCT	NOV	
Leeks	JAN	FEB	MAR	APR				AUG	SEP	OCT	NOV	DEC
Mangetout						JUN	JUL	AUG	SEP	OCT		
Marrows							JUL	AUG	SEP	OCT	NOV	
Mushrooms	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Onions	JAN	FEB	MAR	APR	MAY		JUL	AUG	SEP	OCT	NOV	DEC
Pak Choi	JAN			APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Parsnips	JAN	FEB	MAR	APR			JUL	AUG	SEP	OCT	NOV	DEC
Peas						JUN	JUL	AUG	SEP	OCT		
Potatoes (Main Crop)	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Potatoes (New Season)					MAY			AUG				
Rhubarb			MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT		
Runner Beans						JUN				OCT		
Shallots					MAY				SEP			
Spinach				APR							NOV	
Swedes	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Sweetcorn												
Turnips	JAN	FEB	MAR		MAY							

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Fruit													
 Apples : Cooking	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	
 Apples : Eating	JAN	FEB	MAR	APR	MAY			AUG		OCT	NOV	DEC	
 Blackberries						JUN	JUL	AUG	SEP				
 Blackcurrants						JUN							
 Blueberries							JUL	AUG	SEP				
 Gooseberries						JUN	JUL	AUG					
 Loganberries							JUL						
 Raspberries						JUN	JUL	AUG	SEP	OCT	NOV		
 Strawberries					MAY	JUN	JUL	AUG	SEP	OCT	NOV		
 Tayberries							JUL						
Salads													
 Celery						JUN	JUL	AUG	SEP	OCT	NOV	DEC	
 Courgettes						JUN	JUL	AUG	SEP	OCT			
 Cucumbers				APR	MAY	JUN	JUL	AUG	SEP	OCT			
 Lettuce (Iceberg)					MAY	JUN	JUL	AUG	SEP	OCT			
 Lettuce (Lollo Rosso)					MAY	JUN	JUL	AUG	SEP	OCT			
 Lettuce (Red Oakleaf)					MAY	JUN	JUL	AUG	SEP	OCT			
 Lettuce (Round)	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	
 Peppers				APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV		
 Radish				APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV		
 Scallions				APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV		
 Tomatoes				APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV		
Herbs													
 Basil				APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV		
 Chives					MAY	JUN	JUL	AUG	SEP	OCT	NOV		
 Coriander					MAY	JUN	JUL	AUG	SEP	OCT			
 Dill					MAY	JUN	JUL	AUG	SEP	OCT	NOV		
 Fennel						JUN	JUL	AUG	SEP	OCT	NOV		
 Mint			MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	
 Parsley	JAN			APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	
 Sage	JAN			APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	
 Thyme	JAN			APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	